

Path to Wellness

FREE HEALTH SCREENING

10/12/19

SATURDAY

9:30 AM TO 1:00 PM

Aguila Volunteer Fire Department

51321 W. Ray St. Aguila, AZ 85320



FREE SCREENING CRITERIA:

Participants must be 18 years of age or older AND:

Have a family member (father, mother, brother, sister) with diabetes, heart disease or kidney disease

OR

participant must have a personal history of diabetes or high blood pressure

PATH TO WELLNESS SCREENINGS OFFER:

- Free Health Screening*
- Immediate Blood and Urine Results
- Free Doctor Consult
- Free Onsite Health Education
- Free Healthy Living Workshop Enrollment
- Help to Find a Family Doctor

*Screening includes but is not limited to:

Heart: Blood pressure and lipid panel

Diabetes: Hemoglobin A1c, Body Mass Index

Kidney: Creatinine, filtration rate (GFR), and urine Albumin-to-Creatinine Ratio

Appointments strongly recommended.

Walk-ins welcome between 10:30am-12pm.

To schedule your **FREE** appointment:

FOR HELP IN ENGLISH or SPANISH CALL:

AGUILA PUBLIC LIBRARY: (928)685-2214

KIDNEY FOUNDATION:

(602)845-7905 Spanish ; (602)840-1644 English

Register Online: www.azkidney.org/PathToWellness

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FUNDED BY THE KEMPER AND ETHEL MARLEY FOUNDATION