PATH TO **WELLNESS**

FREE HEALTH SCREENING

FREE SCREENING CRITERIA:

Participants must be 18 years of age or older AND:

Have a family member with diabetes, heart disease or kidney disease

- OR -

Participant must have a personal history of diabetes or high blood pressure

SCREENINGS OFFER:

- Free Health Screening
- Immediate Blood & Urine Results
- Free Doctor Consult

A PROGRAM OF

IN PARTNERSHIP WITH

- Free Onsite Health Education
- Free 6-Week Healthy Living Workshops
- Help To Find A Family Doctor

MARCH 28, 2020 9:00am-12:00pm

Walk-ins welcome after 9:30am, appointments recommended.

GENERAL SERVICES BUILDING

921 W. Thatcher Boulevard Safford, AZ 85546

To schedule your free appointment, we ask that you please contact the National Kidney Foundation of Arizona.

ENGLISH (602) 840-1644

SPANISH (602) 845-7905

or register online at: azkidney.org/pathtowellness

Screening includes but not limited to:

Heart: Blood pressure & lipid panel Diabetes: Hemoglobin Alc, Body Mass Index Kidney: Creatinine, Filtration rate (GFR) & urine Albumin-to-Creatinine Ratio

PRESENTED BY

of Arizona

WOMÉN Supporting kidney health

MOUNT GRAHAM REGIONAL MEDICAL CENTER





National Kidney Foundation™

