

## Camper Medical Provider Form

**To be completed by a Medical Professional Only**

Dear Medical Provider,  
Your patient (listed below) has applied to attend camp at National Kidney Foundation of Arizona's Camp Kindey. In order to consider their application we need **ALL** of the following information completed:

1. **Camper Medical Provider Form (page 1)**
2. **A copy of the child's most recent progress notes or hospital discharge note**
3. **Physicians Clearance for Activities (page 2)-** for campers with a cardiac condition, please have the cardiologist give diagnosis and clearance for activities
4. At this time, we cannot accommodate campers with home vents, CPAP, BiPAP, tracheostomies, or home oxygen.

**Please return all completed forms to:**

**Email:** camp@azkidney.org or **Fax:** (602) 845-7967

If there are any questions about this form or camper, please feel free to contact NKF AZ at (602) 840-1644.

Camper Name:  Date of Birth:

Parent Name and Phone #:  Diagnosis:

**Significant past medical history/other medical conditions:**

Yes  No Is the child developmentally appropriate for their age? If no, at what (approximate) age does child function?

List any communication problems, pertinent psychosocial information, or behavioral problems that would affect the child's participation in a group:

**Infection Control:**

Yes  No  **Live vaccines deferred?** If yes, explain why:

Yes  No **To the best of your knowledge, has this child ever tested positive for**  MRSA  VRE

If yes, date cleared  **We cannot accept these campers unless infection has been cleared.**

Yes  No Has the child had recurrent outbreaks of shingles? If yes, please indicate frequency in the past 12 months

Yes  No **Special Infection Control Precaution :** If yes, please explain

**Devices**

PD Catheter  HD Catheter (If yes, please complete Supplemental Dialysis Form.)

Central venous line/Port-a-cath Type  Location

Bile Tube  G-tube  GJ-tube  J-Pouch  Ostomy  Insulin Pump  Baclofen Pump

Hearing Aids  PE Tubes  Glasses/Contacts  Spinal Rods  VNS  VP Shunt  Other

AFO  Other Mobility Device(s)

**Bladder/Bowel Treatment Program:**

Needs urinary catheterization Cath Size:  Every (hrs):  Site of catheterization:  Mitrofanoff  Urethra

Malone/ ACE    ACE Irrigation # of times a day:     Volume (in cc)      Normal Saline     Other

Enema     Suppository     Medication Any Additional Instructions:

**Dietary**

Yes     No    Food Restrictions/Special Diet:    If yes, please explain:

**G Tube**

**Formula**

- YES
- NO

If yes, type of Formula: \_\_\_\_\_

Daytime boluses \_\_\_\_\_ mL, times given: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_

Nighttime drip \_\_\_\_\_ mL, for \_\_\_\_\_ hours

**Water drip**

- YES
- NO

If yes, \_\_\_\_\_ mL, for \_\_\_\_\_ hours

# PHYSICIAN CLEARANCE FOR ACTIVITIES

Dear Health Care Provider:

Your patient , DOB  has applied to Camp Kidney and is interested in participating in activities which may be contraindicated by the child's medical condition. In order to safely provide these activities, The Painted Turtle requests that you review the following evaluation of medical precautions and contraindications and indicate if your patient has any of the contraindications. All activities are supervised by Camp Kidney staff. Each camper is also evaluated by a trained activity professional for fitness to participate.

## Horses

- All campers wear helmets
- Horses are led by an equestrian specialist and have at least one side walker at all times

Contraindications to our horse program may include: (check any that apply)

- Spinal Stenosis       Atlantoaxial Instability       Cervical Spine Instability  
 Hip Joint Subluxation or Dislocation       Weight over 180 pounds

Precautions to the horse program (child may be able to participate based on frequency and type of seizures):

Seizure Type:  Frequency:  Date of last seizure:

Additional comments or concerns:

## Ropes and Climbing Wall

- All campers wear helmets and waist harness
- Chest harnesses are used for all campers on ropes course
- Ropes course is accessible for campers who use wheelchairs and/or walkers

Contraindications to ropes and climbing wall program : (check all that apply)

- Symptomatic Spinal Stenosis       Atlantoaxial Instability       Chiari Type II

Additional comments or concerns:

I have read the contraindications and precautions and my patient has the following medical conditions:

Physician's Signature:  Date:  Phone # for questions:

**Supplemental Kidney Medical Form  
Must be completed by a Nephrologist  
Only**

Dear Medical Provider,

The camper listed below has applied to attend camp at National Kidney Foundation of Arizona's Camp Kidney. In order to consider their application we need the following information completed and returned to NKF AZ as soon as possible.

**Please return all completed forms to:**

**Email:** [camp@azkidney.org](mailto:camp@azkidney.org)

**Fax:** 602.840.2360

If there are any questions about this form or camper, please feel free to contact NKF AZ at (602) 840-1644.

Camper Name:

DOB

Child's Weight (kg):

**Renal Information**

Date camper was last seen by medical team:

Primary Renal Diagnosis:

**Most Recent Lab values:**

\*\*\*\* Labs will need to be checked again before camp within:

- Six (6) months of camp for General Nephrology campers
- One month of camp for Post Transplant campers if transplant within last 6 months; within 3 months of camp if transplant >6 months before camp.
- Two Weeks of camp for Hemodialysis and Peritoneal Dialysis campers

Most recent laboratory values: Date labs drawn

(May attach a lab result summary)

Hgb

Hct

Cr

BUN Pre

BUN Post

K

CO2

Ca

PO4

Na

**\*\*\*Please attached most recent clinic note and/or discharge**

**summary.\*\*\***

**Transplant Information (Complete if applies to the camper listed above)**

Date of Transplant:

Secondary Condition(s):

Rejection episode in past 6 months:  Yes  No If yes, date and treatment

Is camper a multi organ transplant (i.e. kidney + heart or liver)?  Yes  No

Physician's Signature:

Date:

## Peritoneal Dialysis Information Form (If applicable)

Camper Name:

DOB

### Peritoneal Dialysis Information

CAPD    CCPD   Date started dialysis:    Is child anephric?   Yes    No    Child's Dry Weight (kg):

Dialysis Unit Name:    Phone    Fax

Name of Cyclor:    Name of Catheter Cap:

Fill Vol (cc)    Dwell time (hours)    # exchanges/cycles    Total Vol

Total Number of Hours/Night    Last Fill Vol    Dextrose Concentration Used

Mid-day exchange:   Yes    No    Exchange will be around 2:00pm   Volume (cc):    % Dextrose

Low Ca + Dialysate    Regular Ca + Dialysate    3L bags (PD-2)    6L bags (Low Calcium)

Other:

Inflow/Outflow problems:

### Infection History (within last six months):

**Peritonitis:**   Date:    Organism(s):    Treatment:

**Exit Site:**   Date:    Organism(s):    Treatment:

**Tunnel:**   Date:    Organism(s):    Treatment:

### Fluid Choice Parameters (Weight or Blood Pressure)

If wt/bp < \_\_\_\_\_, use \_\_\_\_\_

If \_\_\_\_\_ <wt/BP > \_\_\_\_\_, use \_\_\_\_\_

If wt/bp > \_\_\_\_\_, use \_\_\_\_\_

## **2018 CAMP KIDNEY PERITONEAL DIALYSIS ADDENDIUM**

To help facilitate the adolescents (older than >12yrs old) being able to participate in all evening activities, we recommend changing their dialysis prescription to 8hrs overnight with a daytime exchange (or add a 2<sup>nd</sup> daytime exchange if already on high volume dialysis). Default daytime exchanges will be scheduled around 2pm; 2<sup>nd</sup> daytime exchange, if necessary, will be before dinner. The younger children will remain on their prescribed dialysis prescription.

Do you feel that it will be appropriate for this camper to change his/her prescription while he/she is at camp?

\_\_\_\_ Yes      \_\_\_\_ No

If yes, please provide preferred prescription: **(total time 8 hours overnight)**

Fill Volume \_\_\_\_\_ Last Fill Volume \_\_\_\_\_ Total Volume \_\_\_\_\_

Number of Cycles \_\_\_\_\_

Daytime Exchange Volume: \_\_\_\_\_

Notes: